### Why American Women -Have-THE BEST FIGURES

### They're the Most Active

Dancing and Doing Own Housework Have Raised the Percentage of Perfect Shapes in America.

By Hedda Hoyt.

MERICAN women have the best figures in the world because they are the most active. Servantless United States, combined with the dance crase, has raised the percentage of perfect shapes in Amerfar beyond that of France, Spain or Italy or the countries of Latin d South America, that it makes any real comparison almost absurd.

A good figure requires no corset. Because of this fact American nen have revolted against corset domination. So successful have they en up to date that the corset business has had to undergo a complete relution in style and type.

The Heart

By Caroline Crawford

by Frees Publishing Co.

A LETTER TO BILLY.

DEGGY'S promise to Billy that she

would write dally began to

worry her. How on earth could

write a letter every day to a young

nan in Philadelphia gave one no in-

Billy's letters arrived every morn-

unlight, but after reading these let-

down to business and realizing that

When she arrived at the office one

I will admit your letters are most in

"And oh, yes, Billy boy, you

"But I frankly like this Percy Pe

'among those present' at a party or a

addition to my list. When I have

will fail head over heels in love with

Roed too much to be goose enough to

like a nut even if he is an Adonis

But I imagine she likes Jack

'My first chafing-dish dance party

"Now, Billy boy, for pity sakes tell

"There now, that's settled and you

know what I have been doing. But

you have only been in Phillie a few

upon my famous welsh-rarebit.

me you are. If you don't come just think what you will miss. I know you have only been in Phillis a few

is to be given next Saturday evening.

how you will like them?

the elevator boy.

she find material

write to a man in

once or twice a

In this near correctless age there is ARMANAMON STONE CONTRACTOR NAMED IN big question in most every wommind-that is: What is going to ome of her figure if she continues corsetless comfort? She is like a soner who, having thrown off his ackle, is frightened by his freedom. he corset is a shackle of long

It begins with babyhood. The innt's band or binder is inflicted on us om the start, and the female of our cles has continued this binding by ans of whalebone and steel centuries. Now, hower, smart women have permanently legated these heavy steel ribbed imes of torture to the junk heap. ngirdling from them at night, one

There will always be women who ed some sort of support about the hars ago seems a torture of barbar- week was an interesting feat. But domen and hips. The straight line ing in the first delivery. They were gure is here and here to stay. The as fresh and bright as the morning regain popularity in the United each one called for an answer she ites. French women have by ng. dreaded to meet the postman or to see e larger hips and smaller waists we American women. They are morning she found no dictation for idding flower. Therefore, we me a Billy. ot allow ourselves to follow them in ten to you as regular as clockwork.

Billy boy," she wrote, "but this can't

Certainly no race of women can tter afford to go without corsets or ghtly corseted than we Americans, lots of pep into them, but remembe ur hips are less pronounced than I do the same things every day and
I am not in a new town! When one his is because we are more athletic, rides back again in the evening there ore active. The housewife needs no really isn't much to write about. ietetic assistance to reduce superflu"But, of course, I have gone out several evenings after dinner and, just us hips after working all day over a to make you jealous. I might tell you is and a carpet sweeper. The girl who that I went to the theatre with Jack Man, rides horseback, plays tennis Reed. We saw a very flat musical comedy and because my folks wouldn't allow us to have an afteronfine too lax muscles. Dancing is theatre supper downtown I brought be working girl's saving grace. Few Jack out to the kitchenette and we re are bulgy about the hips. concocted a chafing-dish supper.
"It was a huge success. So We need not fear the conse- made up my mind to give lots of ce of insufficient lacing. If one these chafing-dish affairs, turn on the cars a slight enlargement of the Victrola and dance between the kitchenette and dining room. Isn't that a bully idea? Now, that will dgure, had a large waist. Gazing week-end visits, all right. us, that perfect symbol of woman- make you want to come down for one can scarcely imagine her ching her maids, had she any, warned me against the Adonis rub out the creases left from cor- has taken your place. You said I t stave each night before retiring.

The flapper has no corset worries being a 'nut', but I am not so certain or some time to come. Nor has the of my h-e-a-r-t. He gave a volume of slight figure. They can of Hindu poems to me which I adore. rait until the large waist bugaboo I showed them to Jack Reed and he appears before worrying over losing began reciting limericks. I wonder

For the woman of the over-medium terson. Don't for a minute think I mild the most popular model is low 'care about him,' but as a friend usted and sloping out under the bust, duating to a higher back with social affair I think he will be a great ont boning over the abdomen. saids of coastic extend over the these chafing-dish affairs I am going nigh, giving complete comfort while to invite him. I hope Marion Minton sitting posture. The brassiere ye an important part in the corset him. rome, since the whole business of exiting in the diaphram falls to it. iave claste over the diaphram and Gibson figure and cameo features. ets or clastic in the side backs confire the nesh under the shoul-The centre back is boned Let me whisper in my sweetest sotto ther heavily. Slight figures con- voce, 'Are you coming down from to wear the silk bandeaus, Philadelphia?" deavy satins and silk brocades in sinks and lavenders are favored mais for these models, as well as the

#### The Housewife's Scrapbook

One thrifty bousewife puts in her honestly and truly, Billy, I can't write we stove limings and here is how she ply can't do it.

The safes and served with a meringue make an appearance with thinly sliced. Cover with a meringue make an appearance with thinly sliced. Cover with a meringue make an appearance with thinly sliced. Cover with a meringue make an appearance with thinly sliced. Cover with a meringue make an appearance with thinly sliced. Cover with a meringue make an appearance with thinly sliced. Cover with a meringue make an appearance with thinly sliced. Cover with a meringue make an appearance with thinly sliced. Cover with a meringue make an appearance with thinly sliced. Cover with a meringue make an appearance with thinly sliced. Cover with a meringue make an appearance with thinly sliced. Cover with a meringue make an appearance with thinly sliced. Cover with a meringue make an appearance with thinly sliced. Cover with a meringue make an appearance with thinly sliced. Cover with a meringue make an appearance with thinly sliced. Cover with a meringue ply can't do it. oves all cit.ders; then she adds one to me as often as the inspiration Or slice oranges and bananas and add and flavored with vanilla out of salt and moistens the mixture comes to you. I hope it will be every temon juice and sugar. Another a consistency of mortar. She then day. But I will write just once a simple dessert is made of sliced or-ets the stove and applies the lining week and then sum up the events of anges and bananas sweetened to taste and allows it to dry. She says it does the whole week in my own jazzy way, and covered with whipped cream to good service as any she ever Do you understand. Billy, how hard it which a little lemon junce has been botts put in two tablespoons occurred to the lemon botts put in two tablespoons occurred to the lemon botts put in two tablespoons occurred to the lemon botts and the lemon botts put in two tablespoons occurred to the lemon botts and the lemon botts are the lemon between botts are the lemon between botts are the lemon bet

is to make my letters interesting if I added. Over the top springle chopped starch dissolved in one-fourth curattempt one every day? Will you be not meats. just as happy if I put my ideas all pareful not to cut too deeply. The pith under the yellow rind is bitter, it is only the thin outer rind and the luies of the lemon that should be into one letter a week? Of course you Peel oranges and remove out it stantly until it this core, then midwill. "Meanwhile dash off a few words membrane, cut into eighths and yery sweet put in a little lemen jutes and tell me you will run down next them into a rich syrup of sugar and Stir well and remove from fire. Pour

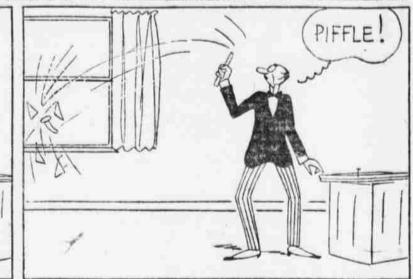
Saturday and meet Marion Minton, water until they are heated through, into baked crust, When paraley is unobtainable use Jack Reed, Percy Peterson, Marion's Arrange hot boiled rice in a dish, cooled cover with the stiffly beaten is unobtainable use cousin Bella and—

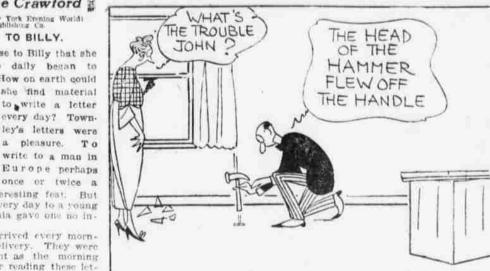
In or finely silve the outer loaves of "The Same Persy Dayton." this nest pour the cranges and syrup dered any other loaves of the same Persy Dayton."



Can You Beat It!

By Maurice Ketten











#### Going Down!

EAR FRIEND: Do you know what self-possession is? When you get it you have all there is to get,nothing remains for you to ob-

Courage is self-possession. It comes from doing what you are afraid to do,-from being imwouldn't lose my heart to him be-cause he is a 'nut.' I agree as to his pervious to the thoughts and

sayings of others. It means being where you do not have to ask advice.

Having self-possession you forget yourself. Having your-

self, you forget self. All great men have had this wonderful gift-it is what made

them great. If you are looking for the ONE thing to get above all things-try

run down. Letter writing may be all the sweetest variety and have the minced pulp of one lemon. When

right, but I'd much rather see you most juice. Oranges, like grape fruit, this reaches boiling point stir in two

and dance with you and feed you should feel firm and heavy. Light tablespoonfuls of cornstarch dissolved

PLAIN DESSERTS.

"Let's leave it this way-you write whipped cream and pincapple sauce. beaten with powdered sugar to take

ORANGES AND RICE.

and serve with whipped cream,

"Meanwhile dash off a few words membrane, cut into eighths and put juice of one orange and if latter ac-

citrous fruit is dry and stringy.

getting SELF-POSSESSION. Very truly, ALFALFA SMITH.

Tasty Orange Desserts

By Emilie Hoffman

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Oranges make an appetizing des- cool and pour this over three oranges,

this nest pour the cranges and syrup dered sugar and put into oven to

those with smooth, thin - Into two cups of water put one cup

skins. They are considered of sugar, grated rind, juice and

### CHARLES HOLD REPORTED THE REPORT HAVE THE REPORTED BY CHARLES HER PROPERTY OF THE The Jarr Family

By Roy L. McCardell

chist, came out of the cigar store. "I the possed Mr. Jarr. suppose you'll hock it?" "Well," Mr. Dinkston went on suppose you'll book it?"

being in the sleeves, smiled in a sugo into my possession, perfor manner. "Another variant of

ticed that it is a curious frait of hu- neplac man nature that if you will ask for into b omething that has a definite use, being able to sell the said article of stating tha it is your purpose to emeign to the way it is generally utilized. 

ORANGE FLOAT.

in a little cold water. Stir constantly

until it has boiled fifteen minutes. Let

ORANGE PIE.

one-quarter cups of milk. When I

milk and mixed with the beaten yolks

of three eggs. Stir over fire cut

Grate rinds of two oranges over

# Copyright, 1922, (New York Evening World) by Press Publishing Co YOW did Sol come to give you it will be granted you without a mur

his overcoat?" asked Mr. bur, where it never would have been Jarr, as he and Mr. Dink- given you to use for its legitimate ston, the poet, philosopher and pay- "Laton't quite follow you," replied

"had I asked Sol to lend me his over Mr. Dinkston, who was wearing coat because it was cold weather and Sol's overcost, a formidable garment , had no such garment, and no meating of woolly blue, draped cloak-wise over or purchasing one, he would not have

his shoulders and without his arms permitted the article in question t variant of this obtuse at "Did you notice, dear friend," returned in the genius home," the pool plied Mr. Dinkston, affably, "that our philosopher continued, "is that if ye tobacconist friend, Solomon, while will offer any article for sale that had not as wise as his illustrious name- a specific use or purpose, but of sake of the Canticles, differs not from it for a use or purpose wholly for the average person of even stronger eigh, the sales will be phonomenal For have you ever no While, had you offered it for its no purpose alone, you might g

> denuil for its said legitimate use of an itinerant vendor of noveltice under the tutelage of a most experied street hawker, or, as they ar fessionally known, pitchmen who was wonderfully versed in the psychology of the crowd, that I first grasped the salient soundness of the

inkruptcy owing to your no

atter of which I spenk." Mr. Jarr, "but go on and explain w you can get something for an thing or sell something that certain use for another use orly totally foreign."

cannot explain the why or th fore, but I can tell you that we sold earn salve us corn nobody would buy it; but when monstrated that our corn salve in excellent shee polish, ut in short order. And when aded eight clippers and also astrated they could be used to nalls and remove warts wit and despatch, the results

ting all thict," remarked Mr. open us with their aches and And do you know they are and a placard in the window

and Prohibition?" numps above all things. Mumps, like very simple," replied Mr. 204 quincy, makes mature maidons "I borrowed this overcost mute."

## Famous Women

THE first Irish numbery was

I founded in 585 by St. Brid-

vas first converted to Chris-

tianity. In her youth she was remarkable for her piety, and

she was still a girl when she

became the first nun in Ireland

she established her cell under

a large oak, which had previ-

ously been the site of pagan

worship, and around this first

lrish numbery eventually was

built the city of Kildare. Her

career was marked by many

clent legends. When she died

her body was tald beside those

of St. Patrick and St. Columba,

at Downpatrick. In 1185 the

bodies of the three saints, laid

side by side in a triple vault,

with St. Patrick in the middle,

were taken up and removed to the cathodral. St. Bridget's

fame was not confined to the

and of her birth, but spread to

England and Scotland, where

she was known as St. Bride. In

London an ancient well was

dedicated to St. Bride, and thus

gave the name of Brideswell to

the famous prison and house of

correction later built in that

miracles, according to the un

look the monastic yow and thus

get, whose festival was cele-

brated by the sons and daughters of the Emerald Isle this month. St. Bridget, who shares with the immortal St. Patrick Dear Miss Doscher: the spiritual patronage of the sland, was a daughter of one of he Ulster Princes, and was born at about the time that freland

any way to reduce them. E. H.

will also find that they will become business and thrown 2,000,000 car-

# The Art of Eating

Now Easier to Say a Mouthful Than to Get One

Decline and Fall of Munching Process Is One of Saddest Stories of 1922.

By Neal R. O'Hara.

RINKING is lost art. Now eating gets into same art catalogue. Old time folks had breakfast, dinner and supper. Progress changed all that. Snappy, ultra-modern folks took breakfast, lunch and dinner in the order named. Now progress has changed all that again. What super-modern wage slave gets to-day is an egg and a bone and a hash that's fair. That is libretto for morning, noon and night. It is also large reason why eating is no longer an art, but an accomplishment now.

Price lists that are raised in Chicago and distributed over entire menu where prices are gayly set domain make feeding what it is to. forth? Yes, why? A guy that blown day. Why get ptomaine poisoning his cutle to a square mess there from eating steak when you can grab days certainly takes his medicing nausea of highest grade by lamping with his meals.

Why Not Look Your Best?

> By Doris Doscher eright, 1922, (New York Evening World) by Press Publishing Co.

EAR Miss Doscher:-



owing your instructions, which were published for several weeks. A girl of your height and at your age should weigh about 112 to 115 pounds—and remember that you can not mivise you to undertake any tutt maturity. It is impracticable for ne to give you the measurements, for apidly and you need not worry about

Dear Miss Doscher: Kindly inform me if an elec-tric hair curler used daily is in-

equire grace through exercise

jurious to the hair. NORMA N. Any artificial heated hair curler upply a little tonic to overcome this, storage, and those eggs can now wi

Dear Miss Doscher: I am nineteen years old and 5 feet 1-2 inch tall. Will you please tell me my correct weight?

For your height at your age 120

My ankles are very thick and fat, and really spoil my whole appearance. Could you advise mo

But if eating is lost art, checkчинивинининининининини grabbing is more than obsolete cusem. It is a forgotten trick. One portion of pasteboard, served face lown at conclusion of meal, is like loaf of bread from sanitary bakery. No human hand touches it. Check can fade to distant yellow before paws start scramble to pick it up And check-grabbing is only game today where guy whose muscles are ion seconds late really finishes as the winner.

Fewer soups to gargie as throat wash, less hash to inquire about, no ple to juggle on dessert knife and educed rations of demi tasse. That is plight of proletarian as he sit down to meal to-day. Despite that America is land of plenty, despite that we raise enough cold veal to upply the world with chicken sandwiches, chow is so scarce for the poor workingman that it's hard luck, not had form, to drop food on his

Statistics show 5,000 actors are starving and the other 5,000 are eating papier mache meals every night tand ten pounds over this weight and twice on Wednesdays and Saturwithout really being too stout. I do days. Johns are scarce for the merry-merry spear carriers. John is streamous reducing course at your therry-merry spear carriers. John is age; just a little discretion in your the nickname for a chorus gal's diet. Avoiding too much pastry and friend and Jack is the nickname for rich foods and cating plenty of vege- what he's got. But Johns are fewer tables and fruits is usually enough if than their brains these nights. The Many girls at your age think they prodigal sons don't surround the are too stout, but they soon slim into stage door in search of fatted calve more graceful lines as they gain their any more.

Food is plenty on dining cars for at your age the body changes very ridiculous reason that nobody has ever eaten it vet. But ting are scarce measurements until after you have ever eaten it yet. But the are scarce neached your full maturity. Strive for the waiter boys. And if it was eather for general development and possible for looks to kill. 5,000,000. passengers would meet death aunually leaving dining cars without

lipping the waiter. Public has simply been hoodwinked again. Hoover told us five years ago to save food and help win the as a tendency to dry the hair and war. But egg brokers were only make it brittle and it you do use it guys that followed his advice. Bro-daily you will have to occasionally kers tossed eggs straight into cold the next war if we use 'em for hand grenades. That's that! And no mat for what Jingo boys try to tell you. the real yellow peril of to-day is

the yolk of a cold storage egg. Yep, drinking is a lost air. Trouble with wood alcohol is that it kills as many persons as wood passenger coaches. And that's plenty. Eating is lost art too, and consequences are even worse than The best way to reduce the ankles free and easy gargling. Slump in by exercise and massage. You feeding has ruined wood toothpick penters out of work.

# Where Happiness Lives

By Sophie Irene Loeb

Co, yright, 1922, New York Evening World) by Press Publishing Co.

LONELY one met a joyful wanderer And asked a question: Tell me, what is happiness and where is it found? "For it has passed me by; I am alone."

And the wanderer answered; "Last night I entered the house of a poor man "And there was much rejoicing,

"The fulfilment of a great hope. wo other was ones romped about, "And all made merry. The father looked with tender care

At her who had borne so much To give him this added treasure. itis heart was full of joy,

And was reflected in her face. 'He whispered to her his love and appreciation, 'And how he would work and work to give acr all.

'Days, weeks and months passed. came again and again And watched their daily joys which come from little things.

An old woman is sitting at her knitting. Making something for a loved one, her only sou And her thoughts move as fast as her needles. She goes away back in the early years.

in she is gind that they are settled in life. but the in bury deleg nomething for his

Which reaches out in sympathy to each and every one Year after year finds her there. "Loving and beloved And so everywhere, in the most out-of-the-way places.

from Sol for the purpose of ridding your household of those very meddleome old maiden aunts. For I must admit neither the garment nor my proposed use of it would have any freet whatsoever upon the ubiquitou symenopterous insect of the family straicidae, or the common or garde

with Sol's everyout, rid our house of "Easily," said Mr. Diploton "You

taking me home to dinner-it is just dinner time and I will sit at the ble wearing Sol's overcost thus sing my with not to permit with the collar up around my nece concoct home brew at home, and throat, and when asked why I will murmur that I have the mumps. tue star on it and the legend, and the loquacious female of as upholds the Constitution meddlesome and variety

That better things will come. in an alleyway not far from here

When there were so many round about her,

The youngest and most betoved. and the teacher there has a heart of gold

For Happitolis is labor-labor of love "Yind it-and there you will find Hoppiness,"